

RELAX WITH REIKI

Learn Reiki for enlightened self-care and health enhancement! Reiki promotes a sense of peace and well-being that can help one remain balanced and grounded. Reiki history, principles, attunements (energy alignment), and self-healing treatment will be included in this workshop.

Date and time: January 29, 2012 **OR** February 26, 2012
2:00 - 5:00 PM

Location: Path of Harmony, Sugar Hill, NH

Instructor: Mary Sturtevant, M. Ed., certified Reiki
Master; teacher of Reiki for 20 years

*Tuition: \$60

Info: call 603-823-8780 or email peace@pathofharmony.com

*Single discount available for Hospice volunteers, seniors, and WREN members

Registration and 50% deposit to be received by January 23, 2012.

Workshop registration form

RELAX WITH REIKI

Name _____ Date _____

Address _____ Email _____

City _____ State _____ Zip _____ Phone _____

Preferred workshop date _____

Please submit one-half of the workshop tuition with your registration form. Balance of tuition is due the day of the workshop.

Please make check payable to: Mary Sturtevant and mail to 637 Hadley Rd., Sugar Hill, NH 03586. Thank you.