

WELLNESS WITH REIKI -- LEVEL I

Experience harmony in your life through the gentle and relaxing practice of Reiki. Learn this hands-on healing technique that promotes a sense of peace and well-being. Reiki is a gentle yet powerful way to reduce stress, which can lead to improved physical health and attitudinal wellness. In this workshop, you will learn self-Reiki techniques as well as the process of sharing Reiki with family and friends. History of Reiki, principles, attunements, treatment protocols and more are included in this workshop. *Certificates will be awarded to all participants.*

Date and Time: Sunday, August 15, 2010; 9 am - 5 pm

Location: Path of Harmony, Sugar Hill, NH

Instructor: Mary Sturtevant, M. Ed., certified Reiki Master, teacher of Reiki for over 17 years

*Tuition: \$150

Info: call 603-823-8780 or email peace@pathofharmony.com.

*Discount available for Hospice volunteers, seniors, and WREN members.

****PRE-REGISTRATION REQUIRED BY Monday, August 9, 2010****

WORKSHOP REGISTRATION FORM

Wellness with Reiki -- Level I

Name _____ Date _____

As you want it to appear on your certificate

Address _____ Email _____

City _____ State _____ Zip _____ Phone _____

Please submit one half of the tuition with your registration. Balance due the day of the workshop.

Discount available for Hospice volunteers, seniors, and WREN members.

Please make check payable to : Mary Sturtevant and mail to Path of Harmony, 637 Hadley Rd., Sugar Hill, NH 03586. Thank you.