

WELLNESS WITH REIKI -- LEVEL I

Reiki is a hands-on healing technique that promotes a sense of peace, relaxation and well-being. Experience this simple yet powerful way to reduce stress, and restore balance and harmony in daily life. Regular practice of Reiki helps maintain physical health and attitudinal wellness. In this workshop, you will learn self-Reiki techniques as well as the process of sharing Reiki with family, friends, pets and all beings in the circle of life. History of Reiki, principles, attunements, treatment protocols and more are included in this workshop. *Certificates will be awarded to all participants.*

Date and Time: October 25, 2008; 9 am-5 pm

Location: Path of Harmony, Sugar Hill, NH

Instructor: Mary Sturtevant, M. Ed., certified Reiki Master, teacher of Reiki for over 14 years

*Tuition: \$150

Info: call 603-823-8780 or email peace@pathofharmony.com.

*Discount available for Hospice volunteers, seniors, and WREN members.

*****PRE-REGISTRATION REQUIRED BY October 17, 2008*****

WORKSHOP REGISTRATION FORM

Wellness with Reiki -- Level I

Name _____ Date _____

As you want it to appear on your certificate

Address _____ Email _____

City _____ State _____ Zip _____ Phone _____

Discount available for Hospice volunteers, seniors, and WREN members.
Please submit one half of the tuition with your registration. Balance due
the day of the workshop.

*Please make check payable to : Mary Sturtevant and mail to Path of
Harmony, 637 Hadley Rd., Sugar Hill, NH 03586*